

Travel at Gayhurst

At Gayhurst, we are passionate about teaching children healthy life styles and make the environment a better place for our children to live in. This document will provide you with the information regarding different options to getting to and from school.

Gayhurst is part of the 'WOW - Living Streets' campaign. WOW rewards children who walk to school at least once a week with a collectible badge each month. Walking to school helps children feel happier and healthier and even do better in class because they arrive refreshed, fit and ready to learn.

<u>'Park and Stride'</u> is a simple initiative, where parents/carers are encouraged to park their car about a 10-minute walk from school and then walk the rest of the way with their children. There are good health benefits from walking part of your journey to school as well as having a little more quality time with children.

Look for the 'Park and Stride' Map which tells you walking routes to school.

<u>'Walking Buses'</u> are run by school staff during the spring and summer months and offer the opportunity for children to walk to school safety from a particular pick up point.

Another option is <u>'Car sharing</u>' can help to cut congestion around the school and there are many great benefits.

- Reduce the amount of time spent taking the children to and from school.
- Reduces pollution and parking problems around the school.
- Avoids the early morning/ school pick up traffic.
- Opportunity to meet other children living locally.

If you are interested in joining the travel committee, please contact Miss Ashby (Reception Teacher for RA).